Province rejigs immigration

New rules aimed at stopping abuses of system PAGE 2

NORAH SINGS HER BROKEN HEART OUT

TOUGH BREAKUP A DRIVING FORCE BEHIND JONES' LATEST ALBUM PAGE 8

REGINA metro®

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News worth sharing

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Saskatchewan Roughriders, from left, Paul Woldu, Neal Hughes and Chris McKenzie unveil their new uniforms at Mosaic stadium on Wednesday. The jerseys are available at Mosaic stadium, the Rider Store in the Northgate Mall or online at riderville.com. CALVIN FEHR/FOR METRO

Riders' new look: Is it hot or not?

CFL. Fans can check out revamped jerseys by going to team's website or to Rider Store, where they've been on sale since their unveiling

MORGAN MODJESKI
Metro in Saskatoon

Fans are giving the Saskatchewan Roughriders' new jerseys mixed reviews.

"The jerseys are awful because of not only the fit, but the overall idea," said @RyanStinton on Twitter.

Designed by Reebok, the jerseys feature piping and sharp lines, giving them a modern look. They are also tighter and lighter, increasing range of motion and on-field performance.

Many fans were hoping for a retro look, similar to what the Hamilton Tiger-Cats and Toronto Argonauts unveiled.

"I think the league should've went with a retro redesign in celebration of the #cfl's centennial season," Stinton tweeted.

"Not a fan of the piping and abstract shapes. I was a big fan of the classic look with two solid white stripes. Loved the retros," said @Piffles1910.

But not all fans are upset with the jerseys.

"I'm actually glad they aren't retro," said Mike Kinnear. "I like them. Simple."

For some, the jerseys aren't as important as the team's performance on the field.

Riders fan Neil McCaig laughed and said, "If it works for them, then it works for me."

The Riders sporting the new jerseys on Wednesday said they like them.

"I think they're the nicest ones out in the league right now," said defensive back Paul Woldu. "That's important, obviously, because our fans have such great support so it gives them something nice to wear, something clean.

Receiver Weston Dressle said he hopes the high-tech jerseys give the Riders an edge.

Follow Morgan Modjeski on Twitter @morganmodjeski

Candidates voice doubts over stadium

Funding announcement draws criticism from Okochi, Novak PAGE 2

Who says the mall's for women?

More men are taking interest in crafting a good wardrobe, say fashion insiders PAGE 10

Appeal papers filed in RCMP killings

Curtis Dagenais submits documents to overturn conviction, life sentence PAGE 2

Whirlwind success for True Knit

Crafts show that began to create space for small-time artists is booming PAGE 8

1 NEWS

On the web

Model asks moms to keep it down

Christy Turlington is asking mothers to step back from Mother's Day this year. No cards, no cake, no flowers, no "noise." Find out why at metronews.ca

Band pops its cork

Backstage with the rock band Train before a performance may not be quite what you expect from a Grammy-winning, multi-platinum group. Instead of groupies, you'll find wine glasses and bottles of their latest hit, Train-made wine. Get the full story at metronews.ca

Mobile news

We've long been hearing that Canadians are huge fans of watching online video, more so than web surfers in any other country. According to a recent survey, almost a quarter of Canadians say they now spend more time watching online video than traditional TV. Scan the code for the story.

Mayoral candidates question the feasibility of proposed stadium

Lack of transparency. City's announcement about estimated cost of project raises concerns about where money will come from

CARRIE-MAY SIGGINS
carrie-may.siggins@metronews.ca

Quoted

"Regina taxpayers have every right to know how city hall spends their money, especially the kind of money it takes to build a football stadium."
Meka Okochi

Mayoral candidates Meka Okochi and Chad Novak have spoken out against the announcement made Tuesday on the estimated cost to the public of the city's proposed stadium project. Michael Fougere, another mayoral candidate, didn't respond in time for publication.

The city has asked the province for $230 million to fund the Regina Revitalization Project, which includes $200 million for the stadium. It also projected an $88.3 million cost to the city for the stadium alone. The announcement included the fact that no private money will be put towards the stadium.

Meka Okochi released a statement Wednesday condemning what he sees as a lack of transparency.

"There is no transparency to this process. And that concerns me," said Okochi.

"Right now, I don't know how those numbers came about. Nobody has a clue. We haven't even talked about the operating costs yet. I can't support a project that changes every second."

Okochi also cites the lack of private sector interest as an indicator that the stadium project might be flawed.

"When you look at the private sector response to this, there is none. No one is saying that they'd put their money on the stadium. What I know from working with the private sector, if there's a good case to be made, then the private sector will be the first to show you the money. We have to pause for a reality check, and begin to ask ourselves the right questions."

Mayoral candidate Chad Novak says that he doubts that the provincial money will come through.

"Personally, in my mayoral campaign," says Novak, "I'm going to create a Plan B. I really honestly can't see the government saying yes to $200 million dollars for something that isn't essential in our city."

Novak supports the use of the Evraz Place, already owned by the city, for the location of the stadium. But if the funding doesn't come through, Novak says that he thinks simply renovating the existing stadium may be enough.

"The Riders are sinking $14 million in the next two years here to fit 50,000 people. From what I've seen of the designs, it looks like it's going to be a pretty amazing stadium for a couple of years. Why can't we just do that long term?"

Follow Carrie-May Siggins on Twitter @MetroCarrieMay

Transparency office

One of mayoral candidate Meka Okochi's election platforms calls for an independent Transparency Office associated with the city. It would provide a window for the public to see the process behind projects like the stadium.

Saskatchewan man who murdered Mounties files documents supporting appeal

A Saskatchewan man convicted of killing two Mounties has filed documents supporting his appeal.

Crown prosecutor Tony Gerein says he received the documents Monday, but doesn't know how long it will take to draft a response.

Curtis Dagenais filed an appeal of his convictions and life sentence shortly after a jury found him guilty in 2009 of two counts of first-degree murder.

Constables Marc Bourdages and Robin Cameron were shot and killed on a country road near Spiritwood in July 2006 after a high-speed chase.

They were attempting to arrest Dagenais in a family dispute.

Dagenais testified that the officers fired at him first and he shot back in self-defence, and his appeal suggests the trial judge gave the jury bad advice on the self-defence aspect.

Dagenais was also convicted of the attempted murder of Const. Michelle Knopp.
THE CANADIAN PRESS

RCMP Const. Michelle Knopp leaves court in Saskatoon on Feb. 27, 2009. Curtis Dagenais, convicted of killing two Mounties and for the attempted murder of Knopp, is appealing his sentence. GEOFF HOWE/THE CANADIAN PRESS

Provincial government

Immigration rules rejigged

Saskatchewan is tightening its immigration rules in an effort to stop people from abusing the system.

The new rules would limit the number of family nominees to one per household until principle applicants and their family members have successfully settled in Saskatchewan.

That means, for example, someone who has worked in Saskatchewan for at least six months could nominate a sister and her family to move to Saskatchewan. But someone with many brothers or sisters can't nominate them all at the same time.

Family category nominees will also require a high-skill job offer.

"We have families now moving forward with multiple applications ... What's happening is other families are being left out," said Immigration Minister Rob Norris.

The Opposition NDP said the family nomination category has been successful for immigration. It's concerned about the impact of the changes. THE CANADIAN PRESS

Saskatchewan Immigration Minister Rob Norris said Wednesday the province is tightening its immigration rules. JENNIFER GRAHAM/THE CANADIAN PRESS

Viral video. Cabbie gets bail after court hears of bid to run down man

A judge has granted bail to a Montreal cabbie charged in an alleged hit-and-run that is making the rounds in a gruesome video on the Internet.

Judge Jean-Pierre Boyer called Guercy Edmond's four-day detention scandalous and unnecessary.

But Edmond, 47, is forbidden from working in certain areas and from having contact with three people involved in last weekend's altercation.

Scores of fellow taxi drivers crowded around the courthouse, honking their horns in support of Edmond.

Inside, they pushed and jostled to be able to hear the case.

An overflow room had to be opened for the large group.

The court heard that witnesses told police an altercation over a fare around 4 a.m. turned hostile and the accused tried running over the victim, Benoit Kapelli.

The scene was videotaped and posted online.

But police say Edmond tried mowing down the victim even before the cameras started rolling.

According to testimony, the issue of race came up during the dispute. There was allegedly a verbal exchange during the ride about rituals like voodoo and female genital mutilation.

Edmond is Haitian. The three passengers were white.

During the argument, Edmond claims he was struck by Kapelli inside the cab.

Later, before eyewitnesses began filming, Edmond is alleged to have tossed a bottle at the passengers.

Edmond is charged with aggravated assault, assault with a weapon, hit-and-run and dangerous driving.

THE CANADIAN PRESS

A sign of support is posted on a windshield as taxi drivers gather outside a Montreal court.
GRAHAM HUGHES/THE CANADIAN PRESS

Politics

Tories, NDP tied, poll suggests

A new poll suggests the Conservatives and NDP are in a statistical tie for voter support.

The Canadian Press-Harris Decima survey taken last week indicates the NDP has 33 per cent support while the Tories have 30 per cent.

The new poll suggests Liberal support is still hovering around the 18 per cent mark.

THE CANADIAN PRESS

Politics

Watch us in 2015, says NDP chief

NDP Leader Tom Mulcair says his party is ready to make the leap to government in 2015.

Mulcair is marking the first anniversary of his party's historic election breakthrough, which propelled it to Official Opposition status.

He's says the Conservative government is on the defensive and the NDP can capitalize on that.

THE CANADIAN PRESS

The easyrider. Harley floats across Pacific to B.C. after Japan tsunami

Call it the Harley of the high seas.

A rust-encrusted Harley-Davidson motorcycle, made buoyant by the container in which it was stored, has washed up on an island off British Columbia after it was lost in last year's tsunami in Japan.

It floated over the 6,400 kilometres after the devastating wave washed across the Japanese shoreline in March last year.

"This is unmistakably mine," the bike's owner, Ikuo Yokoyama, told a Japanese TV station after he was located through the licence plate and shown photos of his ride.

He added: "It's miraculous."

THE ASSOCIATED PRESS

A wave of awe

(I can't believe) "something like that would make it across the Pacific."

Canadian Peter Mark, who found the bike and its container

Convicted murderer Ronald Smith becomes emotional during his Montana clemency hearing Wednesday. MICHAEL GALLACHER/THE MISSOULIAN/THE ASSOCIATED PRESS

Killer weeps as sis pleads for his life

Her words of love.

"I honestly do not know what I'd do without my brother by my side," she says of death row Canadian

A daughter's sadness

"I've seen a man who has many regrets about the things he has done. He shows his remorse in his eyes and in his voice ... I wish I could take away that pain."

Carmen Blackburn, Ronald Smith's daughter.

The only Canadian on death row in the United States broke down and cried at his clemency hearing in Montana on Wednesday.

Ronald Smith, who shot and killed two young men in 1982, lost control when his sister Rita Duncan read a letter he'd written to their mother after her death last year.

Smith covered his eyes, brushed away tears and was patted on the shoulder by his lawyer.

Duncan said although she shut Smith out of her life for years, he has always loved her and she is proud to be his sister.

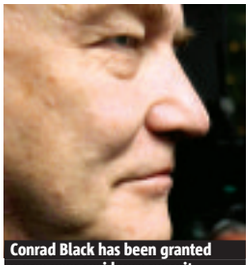
"I honestly do not know what I would do without my brother by my side," said Duncan, her voice quavering.

"I can't bear the thought of losing another brother and I'm sorry if this sounds selfish." She asked people in the packed courtroom to put themselves in her place.

Originally from Red Deer, Alta., Smith, 54, has been on death row since shooting Thomas Running Rabbit and Harvey Mad Man Jr. near East Glacier, Mont., 30 years ago.

Smith is asking the Board of Pardons and Parole to recommend his death sentence be commuted.

THE ASSOCIATED PRESS



Conrad Black has been granted a one-year residence permit.
TOM HANSON/THE CANADIAN PRESS

PM, Mulcair trade Black barbs

Prime Minister Stephen Harper and NDP Leader Tom Mulcair sparred Wednesday over … Conrad Black.

Mulcair accused the Conservative government of giving special treatment to Black by agreeing to let him return to Canada after he is released from a U.S. prison this week.

But Harper said the government would be just as happy if the disgraced media baron had been denied entry to Canada.

Harper said the decision to admit Black was taken by public servants, not politicians.

"There has been no involvement of anyone on the political side of government in this," Harper said in question period in the Commons.

Mulcair, however, asked: "Conrad Black is a British citizen, he is still in a U.S. jail, he was convicted of serious crimes in the United States. Why is he being given special treatment?

Black spent several years in a Florida prison after fraud and obstruction of justice convictions.

THE CANADIAN PRESS

Activist wants to leave China, fears for his family's safety

Chen Guangcheng.
Blind Chinese legal activist concerned despite American brokered agreement

The blind Chinese activist at the centre of a six-day diplomatic tussle between the U.S. and China said he fears for his family's lives and wants to leave China, hours after American officials announced an agreement with Beijing that was to guarantee his safety.

Chen Guangcheng escaped from illegal house arrest and other mistreatment in his rural town, placing himself under the protection of U.S. diplomats last week.

On Wednesday, after six days holed up inside the American embassy, he emerged and was taken to a nearby hospital.

U.S. officials said they had extracted from the Chinese government a promise that Chen would reunite with his family and be allowed to start a new life in a university town.

THE ASSOCIATED PRESS

The path of the dissident

Chinese dissidents who leave can't return

Chinese dissidents know their influence can fade after they leave the country, and they face the possibility of never coming home.

Wei Jingsheng was a soldier and electrician whose faith in China's communist order was shaken by Mao Zedong's ruinous policies. Wei spent 17 years in prison for urging reforms.

Rebiya Kadeer was once considered a success in China: an ethnic Uighur from the far region of Xinjiang who became a millionaire. But she was arrested in 1999 and sentenced to eight years in prison for mailing newspaper reports of anti-Chinese unrest to her husband overseas and for trying to give a list of political prisoners to U.S. congressional staff.

THE ASSOCIATED PRESS

A woman signs her name as a show of support for blind Chinese legal activist Chen Guangcheng during an event in Hong Kong on Wednesday. KIN CHEUNG/THE ASSOCIATED PRESS

Gingrich officially drops out of presidential race

Former Republican presidential candidate Newt Gingrich speaks in North Carolina last month. CHUCK BURTON/THE ASSOCIATED PRESS FILE

Newt Gingrich officially ended his campaign on Wednesday, and President Barack Obama's re-election campaign released a web video of clips from the Republican primaries in which the former House speaker sharply criticized Mitt Romney — Obama's likely opponent in November.

Facing a tight race, Obama's campaign put forward Gingrich's anti-Romney messages on issues from immigration to the presumptive nominee's tenure as a venture capitalist.

Gingrich led the Republicans out of 40 years of minority status in the lower house of Congress in 1994 but later resigned under an ethics cloud. He tried to stage a political comeback in this year's presidential contest, but he won primaries in only conservative South Carolina and Georgia, the state he represented for 20 years.

As he prepared to officially end his campaign, Gingrich thanked supporters in a video message posted on his website.

His campaign has reported being more than $4 million in debt, despite millions pumped by a gambling casino owner into an allied super political action committee.

Gingrich pledged to work hard to prevent the "genuine disaster" from re-electing Obama, He did not mention Romney who crushed him with negative advertisements.

THE ASSOCIATED PRESS

Accused of cover-up

Cardinal Brady won't resign

The leader of Ireland's Catholics said Wednesday he won't resign after a BBC documentary accused him of helping to cover up 1970s child abuse committed by a priest.

Cardinal Sean Brady said the documentary exaggerated his role in the 1975 interviews of two teenage boys abused by a priest. Brady said he gave his report, as instructed, to his bishop, who had responsibility.

THE ASSOCIATED PRESS

French debate

Sarkozy accuses Hollande of 'lying'

French President Nicolas Sarkozy repeatedly accused his leftist challenger Francois Hollande of lying as they faced off in a much anticipated debate Wednesday ahead of the presidential election.

The heated comments reflected the intensity of the contest, especially for Sarkozy, who is lagging in the polls ahead of Sunday's vote. The debate is seen as the sharp-tongued Sarkozy's last chance to lure voters behind his bid for a second term.

"It's a lie! It's a lie!" Sarkozy repeated during an exchange on economic policies.

The Socialist contender also repeatedly denied some of Sarkozy's claims, insisting, "I never said that."

It is the only time the two have faced off in the campaign, which has largely focused on domestic issues such as the weak economy, immigration, and integration of French Muslims. Yet the outcome is considered crucial to the rest of Europe as well, because France is a major economic engine at a time when the eurozone is trying to climb out of a debt crisis. THE ASSOCIATED PRESS

Underdog Nicolas Sarkozy, French president, debating rival Francois Hollande. THE ASSOCIATED PRESS

Brutal hazing

Drum major pummeled to death: Police

Thirteen people were charged Wednesday in one of the biggest college hazing cases ever prosecuted in the U.S.

They were accused in the death of a Florida A&M University drum major who authorities say was mercilessly pummeled by fellow members of the marching band.

The charges came more than five months after Robert Champion, 26, died aboard a chartered bus parked outside an Orlando hotel following a performance against a rival school.

The most sensational cases of hazing have typically involved fraternities, sororities or athletic teams, but tragedy in November exposed a brutal tradition among marching bands at a number of colleges around the U.S.

"The death ... is nothing short of an American tragedy," said State Attorney Lawson Lamar. Eleven defendants were charged with hazing resulting in death, a felony, and misdemeanour charges that could bring six years in prison. Two others face misdemeanour charges.

THE ASSOCIATED PRESS

Hudson murder trial

Judge banishes journalists' phones from courtroom

The judge at the trial of a man accused of killing three of Jennifer Hudson's relatives has decided to bar journalists' cellphones from court.

He has been allowing their limited use during the first two weeks of trial so reporters could email news updates.

But a media liaison says Judge Charles Burns decided Wednesday he'd seen too many violations of media rules he set before trial. They include bans on tweets, though liaison Irv Miller says none of the violations involved Twitter. Several were phones ringing during testimony. THE ASSOCIATED PRESS

Jennifer Hudson
DANNY MOLOSHOKO/THE ASSOCIATED PRESS

Press freedom

Group criticizes censorship in Eritrea, North Korea, Syria

The Horn of Africa nation Eritrea leads the world in imposing censorship on the media, followed closely by North Korea, Syria and Iran, a journalism group said Wednesday.

The Committee to Protect Journalists said in a report that 10 countries stand out as censors by barring international media, putting "dictatorial controls" on domestic media and imposing other restrictions.

Rounding out the 10 worst censors are Equatorial Guinea, Uzbekistan, Burma which also is known as Myanmar, Saudi Arabia, Cuba and Belarus.

The report by the committee, a non-profit organization based in New York, was released to mark World Press Freedom Day on Thursday

"In the name of stability or development, these regimes suppress independent reporting, amplify propaganda and use technology to control rather than empower their own citizens," CPJ Executive Director Joel Simon said in a statement accompanying the report. THE ASSOCIATED PRESS

Suu Kyi sworn in to assembly

Official voice. Myanmar starts a new era as the country's symbol of democracy takes office for the first time

Aung San Suu Kyi was sworn in as a lawmaker Wednesday, capping a tenacious, decades-long journey from political prisoner to parliamentarian that will enable Myanmar's main opposition party to take its struggle for democratic rule inside the country's army-backed government for the first time.

The swearing-in ceremony in the capital, Naypyitaw, cements a fragile detente between Suu Kyi's movement and the administration of President Thein Sein, which has engineered a series of sweeping reforms since taking power from a military junta last year.

But some analysts see her entry into the legislative branch as a gamble that will achieve little beyond legitimizing a regime that needs her support to end years of isolation from the West and get lingering sanctions lifted. Mobbed by reporters after Wednesday's ceremony, Suu Kyi said she would not give up the struggle she has led since 1988.

"We would like our parliament to be in line with genuine democratic values. It's not because we want to remove anybody," she said in apparent reference to the military, whose unelected appointees control 25 per cent of the assembly.

"We just want to make the kind of improvements that will make our national assembly a truly democratic one." THE ASSOCIATED PRESS

Dubious democracy

Maung Zarni, a Myanmar exile who is a visiting fellow at the London School of Economics, said Suu Kyi's ascent is "neither a game-changer nor a sign the country has reached the tipping point of democratic transition."

- **"Quite the contrary, it marks the most important victory (yet) for the regime's strategic leaders," Zarni said.**

No propellers, hot air or wings of wax for this Jetman

Yves Rossy, known as the Jetman, flies over Rio de Janeiro on Wednesday. The Swiss aviator dropped from a helicopter and deployed the jet-powered carbon-kevlar Jetwing, which he uses his body to steer, as he flew over the Brazilian capital before landing on Copacabana Beach.

JOHN PARKER/BREITLING/THE ASSOCIATED PRESS

Conservation. Protection sought for woodpecker

A woodpecker that's survived for millions of years by eating beetle larvae in burned trees is in danger of going extinct in parts of the West, according to conservationists seeking U.S. protection for the bird.

Four conservation groups filed a petition with the U.S. Interior Department on Wednesday to list the black-backed woodpecker under the Endangered Species Act in the Sierra Nevada, Oregon's Eastern Cascades and the Black Hills of eastern Wyoming and western South Dakota. THE ASSOCIATED PRESS

Zoo. Harmonica-playing elephant enjoys own tunes

An elephant named Shanthi at the U.S. national zoo plays a harmonica with her trunk and appears to love doing it.

Video released Wednesday by the zoo in Washington shows the 36-year-old Asian elephant with a harmonica attached to her stall playing tunes even when no humans are in view. Elephant keeper Debbie Flinkman said Shanthi is "musically inclined," playing her own songs that always have big crescendos at the end. Shanthi also likes to tap things, flap her ears against objects to make noise and rub her leg up and down shrubs to repeat noises. THE ASSOCIATED PRESS

Tightrope walk across Niagara Falls set for June

Nik Wallenda points to Niagara Falls after a news conference on Wednesday. Wallenda will try to cross the Niagara Gorge on a tightrope June 15.
DAVID DUPREY/THE ASSOCIATED PRESS

Daredevil Nik Wallenda will try to cross the Niagara Gorge — including part of the famous falls — on a tightrope June 15.

The seventh-generation member of the Flying Wallendas spent months getting the necessary permissions from Canada and the United States for the cross-border stunt.

Organizers told a news conference in Niagara Falls, Ont., on Wednesday that the contracts have been signed and the date set.

Wallenda's stunt will merge two pop culture traditions — his own family's death-defying feats on the high wire and the daredevil acts at Niagara Falls that date back more than 100 years.

It took an act of the New York legislature and persistent lobbying of Canadian parks officials to make Wallenda's planned wire stunt a possibility.

The Niagara Parks Commission board gave its thumbs-up to Wallenda in February, reversing an earlier decision against the stunt.

"Not only is it a dream but we had to change two laws in two countries that were over 100 years old," Wallenda said.

"This is clearly a once-in-a-lifetime thing."

Niagara Parks chairwoman Janice Thomson had said the approval was a "unique one-time situation" and that Wallenda was able to prove he had proper controls and safety measures in place.

She also said the commission would only consider requests for such events from skilled professionals once every 20 years.

Wallenda's walk across the falls on a five-centimetre-diameter steel cable is expected to be televised live. THE CANADIAN PRESS

Plan and profit

Tony Baldinelli, a spokesman for the Niagara Parks Commission, said that Wallenda will cross over a portion of the Canadian Horseshoe Falls as he walks from one side of the gorge to the other.

- A study has suggested that the television coverage of the event could help generate a $120-million shot in the arm to the Niagara economy.

Black's future in business uncertain

Prison release. Critics express doubt about the media baron's return to the media business

When former media baron Conrad Black is released from prison this week he returns to a media landscape far different from the one he walked away from a decade ago.

Whether he will want to jump back into the world he once dominated is unknown, but those who have followed his rise and fall from grace say Black could still wield influence, though likely not at a public company.

Black himself has indicated he's done with the type of scrutiny that comes with running a publicly traded company following the demise of Hollinger International Inc.

"The regulators, the minority shareholders, all that crap. Oh, I can't stand it," he told Vanity Fair in an interview before returning to jail last August to serve the remaining nine months of his prison term.

Karl Moore, a professor at McGill University's Desautels Faculty of Management, said Black is unlikely to be involved in a publicly traded company, but he could quietly act as a consultant or adviser.

"If he needs to, if he wants to financially, I think there would be some limited opportunities," Moore added.

THE CANADIAN PRESS

Quotable

"The regulators, the minority shareholders, all that crap. Oh, I can't stand it."

Baron Conrad Black
On running Hollinger International Inc.

More plastic coming to Canadian wallets

Minister of Finance Jim Flaherty, right, and Bank of Canada Governor Mark Carney show off the new $20 bank bill during a ceremony in Ottawa, Wednesday. A mural of the new plastic twenty dollar bill is on the side of the Bank of Canada building behind them. The Bank of Canada unveiled the new $20 polymer bank note Wednesday that will replace the current paper-cotton bills. Gone from the back of the bill are the depictions of Canadian artist Bill Reid's sculptures Raven and the First Men and The Spirit of Haida Gwaii. In their place are the Canadian National Vimy Memorial and clusters of red poppies. ADRIAN WYLD/THE CANADIAN PRESS

RIM. BlackBerry CEO defends keypad

Chief executive Thorsten Heins says RIM will continue to offer devices with its popular physical keypad.

Heins told media at the BlackBerry World conference in Orlando on Wednesday that, despite rumours to the contrary, its new line of BlackBerrys due for release later this year will include both touchscreens and keypads.

"We won't lose the focus on physical keypads. It would be wrong." THE ASSOCIATED PRESS

Watchdog

MLSE takeover gets a pass

Canada's competition watchdog will not challenge Bell Canada and Rogers Communications Inc. on their $1.07-billion takeover of Maple Leaf Sports and Entertainment, despite some concerns about concentration in the industry.

The Competition Bureau says it has issued a "no action" letter to the telecom giants indicating that it doesn't plan to have the deal reviewed under the Competition Act.

THE CANADIAN PRESS

Market Minute

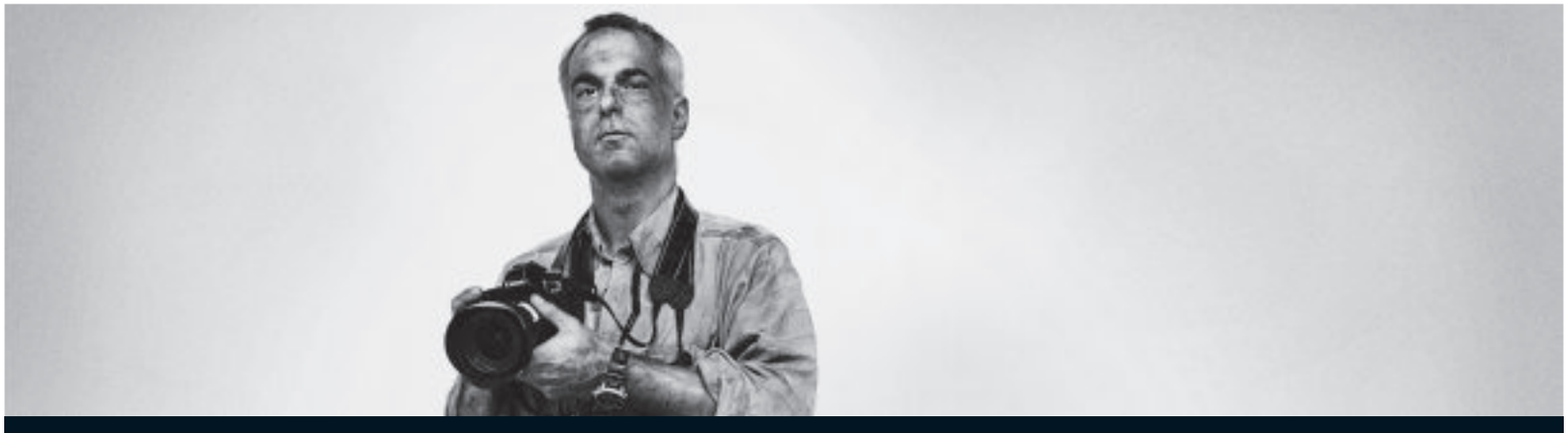
DOLLAR 101.37¢ US (-0.07¢)

TSX 12,230.12 (-102.66)

OIL $105.22 US (-0.94¢)

GOLD $1,654 US (-$8.40)

Natural gas: $2.253 US (-11.8¢)
Dow Jones: 13,268.57 (-10.75)



MAY 15, 2012

BRING YOUR CAMERA

We're inviting people all over the world to help create something historic. Send a message to the future from your life on May 15. Your pictures will be preserved for future generations and shown in a stunning website. A thousand images will be selected for a book and exhibitions touring the world. Everybody is welcome.
Read more at aday.org. Let's picture the world. Together.

Founding partner
ERICSSON VINGE snapfish SWECO VASAKRONAN SVENSKA POSTKODLOTTERIET DN.

ADAY.ORG

THE COMPREHENSIVE CANADIAN LIST

HE SAYS...
John Mazerolle
metronews.ca/hesays

I've been enamoured lately with various best-selling books of factoids such as Schott's Miscellany, the Farmers Almanac and John's Bathroom Reader (no relation), and how, despite their diversity of information, they all come back to one key factoid: I want a best-selling book, too.

So I've begun collecting information about Canada — both interesting and oddball — that I might present the Canadian All-manac, where one can learn everything from the name of Canada's first secretary general to Nellie McClung's best-selling album. For the small sample of text I provide below, a small donation is appreciated and mandatory.

What people from various Canadian places are called:

- Cornwall: Cornwallas
- Leduc: Leducs of Earl
- Kenora: Kenoraephrons
- Medicine Hat: Pillboxers
- Dawson Creek: Vanderbeeks
- Grand Prairie: Newfoundlanders
- Toronto: Empty inside

The most popular Canadian pickup lines:

"Condoms if necessary, but not necessarily condoms."
"General Wolfe would have pulled through if he'd seen you."
"It's been 172 years. Time for another Act of Union?"
"Hey baby, you want to see my Head of State?"

Reasons Canadian prescription drugs are restricted in the U.S.:

- Canadian drugs include the evil gateway drug medicinal marijuana.
- There is no way to tell what's actually in the bottle because the labels are written in Canadian.
- Buying cheaper drugs from another country is just another sad example of "trying to be popular around the world because that would make sense and help our citizens."
- Canadian drugs could promote a polite, moderate lifestyle.

Most popular Canadian pastimes (non-hockey):

- Hockey.
- Nationality-hyphenating.
- Making love to a canoe.
- Mumbling O Canada.
- Historical re-enactments of the drafting of the Constitution Act of 1867. (I call George-Etienne Cartier!)
- Hating Canadian provinces you've never been to.
- Heritage moment drinking game! Drink if you hear, "I need these baskets back!" "Ahhh, Mr. Clarence, why doont you just rrread it then?" and "Hey, buddy, he means the friggin' village."

Ways Canadian soldiers differ from American soldiers:

- Canadian snipers say "sorry" after every shot.
- Humanitarian packages consist of three beer, some maple syrup, and Rock 'em Sock 'em 18.
- Afghan poppy fields are razed, but replaced with medicinal marijuana.
- Uniforms by Roots.

Failed Canadian tourism slogans:

Manitoba: I'd walk a mile for a neighbour!
Ontario: Ride the downward spiral!
New Brunswick: For the love of God, stop!
Newfoundlanders: Your favourite walks-into-a-bar jokes come to life!
Nunavut: Friends, frostbite and fun!
Saskatchewan: Flat is phat!

Popular Canadian adult films:

- Winnipeggers
- Oh, Canada!
- Debbie does Drapeau
- They call him Avro Arrow
- Henderson Scores #8
- Goose!
- Ig-naughty-iff
- The Devil and Mrs. Lyon Mackenzie King
- Backdoor Legislation: A National Film Board joint
- Dief-Throat

All eyes on the lens

MAURIZIO MALAGOLI/SOLENT NEWS & PHOTO AGENCY

Staring contest?

Owls spy with their little eyes

MODENA, ITALY. Amateur photographer and computer professional Maurizio Malagoli captured these little owls looking identically wide-eyed at the camera, after they were startled by an earlier picture being taken. Malagoli was left with this photograph, which shows the birds' yellow eyes in a perfect diagonal line. **METRO**

60 seconds

Maurizio Malagoli

Where did you capture this stunning image?
In Modena there is a sanctuary that tends to wounded animals before they are released back into the wild. At night, owls are attracted by the headlights of cars and are often injured on the roads. I arrived there the day some owls were being released. I positioned myself among the trees, wore green camouflage and waited a couple of hours before the owls were close enough to photograph. Looking into the lens I saw nothing but yellow eyes looking at me with a curious expression. **METRO**

Trivia

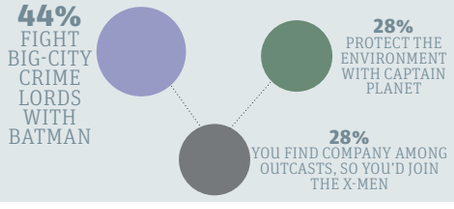
Sacred in Greek culture

- Scientifically known as athene noctua, little owls are associated with Athena, Greek goddess of wisdom, who is often featured with them in ancient art; the Greek one-euro coin shows the same little owl design as the silver tetradrachm coin from 2,500 years ago.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

If you could create a superhero version of yourself, whose team would you join?


44%
FIGHT BIG-CITY CRIME LORDS WITH BATMAN
28%
PROTECT THE ENVIRONMENT WITH CAPTAIN PLANET
28%
YOU FIND COMPANY AMONG OUTCASTS, SO YOU'D JOIN THE X-MEN

Twitter

@Kreuts:
#riders new bus and jerseys #yqr http://pic.twitter.com/OymjP0hc

@Stephen_G_Moore:
Jack liked to join the Peace Vigil when in #yqr; I'll be thinking of him during our 5th anniversary tomorrow. #cdnpoli http://pic.twitter.com/tBgtcC1Y

@mattz:
SaskFilm 20th Anniversary Trailer |http://youtu.be/ue02N69x_RI| @premierbradwall #sfetc #skpoli #SaskFilm #CanFilm #film @SaveTheSFETC #yxe #yqr

@QueenieCarmen:
@lisemerle I wish there was somewhere in YQR like where we went with @Rocking_Mama. Quick & cheap. Yup, that's me ;)

@tamongeorge:
well said RT @__ChannnN91__: Cuba called and asked if I was coming over.. I said I was on my way. #yqr #PEACE

metro

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2

SCENE

Norah Jones turns out concept album on Little Broken Hearts

New album. Singer partners with Danger Mouse and turns out a new level of music genius from a still young career

Norah Jones didn't set out to make a concept album but that's what she turned out. HANDOUT

Norah Jones has a piano in her kitchen. You need look no further than this wonderfully off-kilter fact for a metaphor to describe the 33-year-old singer's evolution as she releases arguably the most interesting album of her career, Little Broken Hearts.

"It's nice because I have a music room, but you know it's like the office you never go in or the dining room you never go in or something," Jones said. "So I ended up putting this funky old piano in my kitchen and it's great."

Jones didn't set out to put a piano in her kitchen, of course. Much like her collaboration with producer Danger Mouse on Little Broken Hearts, it just kind of happened naturally.

"I just like how it's turned into sort of a bit of a concept album without any intentions of that's what we were going to do," Jones said. "I'm proud that it ended up being what it is, going in knowing so little about what would happen. I love it."

Little Broken Hearts little resembles Jones' previous four solo albums, from the vampy cover photo to its lyrical content and vaguely psychedelic sound. It's edgy, effects-laden and deeply personal. She's written a few songs she felt were this personal before, especially on her 2009 album The Fall. But much of Little Broken Hearts centres on her life and the emotions you run through during relationship problems — from betrayal and indecision to healing and moving on.

The 12 songs on Hearts represent a true collaboration between Jones and Brian Burton, who produces under the name Danger Mouse. They mainly focus on a difficult breakup Jones went through, but she says Burton's fingerprints are all over the place and his ideas and lyrics transformed songs in unexpected ways.

THE ASSOCIATED PRESS

A True-ly tight-Knit crew

Arts and crafts. A non-conventional show is proving that there is a demand for some out-there items by some out-there artists

BACKSTAGE PASS
PAUL BOGDAN
regina@metronews.ca

Cassie Ozog, left and Kaeli "Cookie" Madill. HANDOUT

"I don't think we can stop it now," said Cassie Ozog.

No, she's not talking about the looming zombie apocalypse, a subject Ozog is an expert in, but rather she's talking about the True Knit art and craft show.

A little over a year ago, Ozog, along with her business partner Kaeli "Cookie" Madill, started True Knit to create a space for small-time artists and crafters who don't fit in (in terms of finance, product, or otherwise) with the larger craft shows.

Despite the show's small beginning with a business model written on a kitchen to-do list, True Knit has grown to the point of selling out its available space for artists and crafters in the past year.

"It's been kinda crazy, but it's been awesome. Considering where we started, going from a pie-in-the-sky idea of a craft show for people who didn't fit in to regular craft shows, to now selling out our fourth show in record time, we've obviously been able to connect with a lot of people," said Ozog.

So how has True Knit become as successful as it has in such a short amount of time? How has the show been able to connect with so many people, both producers and consumers, in spite of minimal business experience from both its creators?

Ozog believes True Knit's previous success lies in its accessibility for both artists in the show and those looking to buy the beautiful paintings, the hand-made jewelry, or any of the other intriguing creations at the show. Creating an accessible art and craft show relies upon "keeping our admission free" and "keeping our table prices low."

"I think what's worked best for Cookie (Madill) and I is making our show as accessible as possible to everybody who's interested in it," said Ozog.

True Knit doesn't seem to have hit a peak or plateau yet though; the show's success still seems to be on the upswing. Interest from both artists and buyers is still growing and likely will continue to grow with the two shows planned for later this year subsequent to the May 5 event.

"With more and more artists wanting to be involved and the growing bill of people who know about True Knit, I would think it would have to keep growing because so many people are enjoying it, which leads to more fun and more growth. ... We'll keep having shows until people don't want to be in them any more," said Ozog.

Judging by that last statement, True Knit is going to be here for quite some time.

The details

True Knit art & craft show

- **When.** Saturday, May 5th 10:00 AM - 5:00 PM
- **Where.** Cathedral Neighbourhood Centre, 2900 13th Ave.
- **Price.** Admission is free, but they will be accepting donations to the Regina Humane Society

Scene in brief

YouTube adds less you, more tube

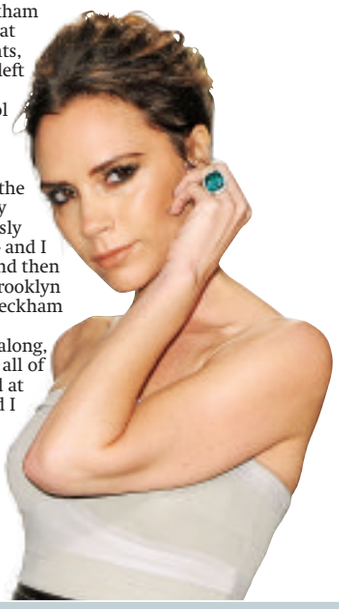
YouTube is adding to its original programming by launching channels specializing in female dramas and United States Olympic athletes. The Google-owned video site announced the new channels Wednesday ahead of an upfront presentation to advertisers. YouTube has sunk more than $100 million into an ambitious project to lure audiences for longer viewings and attract advertisers with higher quality videos. Filmmakers Jon Avnet and Rodrigo Garcia will launch the channel WIGS, focusing on scripted dramas for women. Also new is a TeamUSA channel from the U.S. Olympic Committee that will feature content ahead of the 2012 games. The Tribeca Film Festival, which recently concluded its 11th annual festival, is also planning a channel. YouTube has launched some 100 channels throughout the year.

THE ASSOCIATED PRESS

On the web

U.K. police arrest two over theft of valuable Chinese artifacts from Cambridge Museum

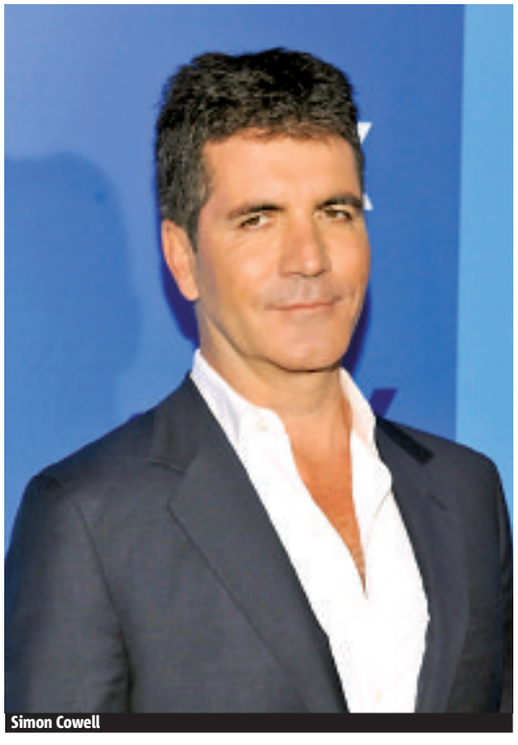
Step your parenting game up Posh



Even famous mother of four Victoria Beckham has her not-so-great parenting moments, like the time she left to take eldest son Brooklyn to school — but forgot the kid all together.

"I jump in my Range Rover, put the car seat in, put my iPod on — obviously very important — and I drive to school. And then I realize, I'd left Brooklyn in the kitchen," Beckham tells Vanity Fair.

"I was driving along, talking away, and all of a sudden, I looked at the front seat, and I was like, 'S—! S—! I've forgot something!"



Simon Cowell

Cowell: As humble as ever

Simon Cowell may not have wanted to keep Cheryl Cole on the U.S. edition of The X Factor, but he's more than happy to take credit for the success she's had in the U.K.

"Even though we went through that pretty horrible period, I could look Cheryl in the eye and say what I did for her in those two years propelled her into a different league," Cowell tells GQ magazine, admitting that while the debacle with the U.S. show may have created some distance between them, he'd still be open to working together again.

"She was hurt. It all ended pretty badly, to be honest," he says. "I always said to her the door is permanently open. It's entirely up to her what she wants to do."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Demi and Miley vie for last X Factor seat

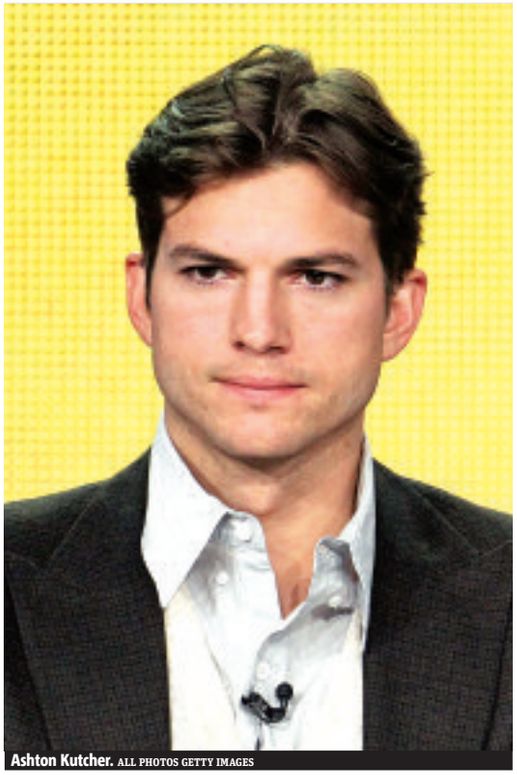
THE WORD
Dorothy Robinson
scene@metronews.ca

With Britney Spears reportedly set to fill one of the empty judges' panel seats on The X Factor, it's a starlet faceoff for the final slot since former judges Paula Abdul and Nicole Scherzinger were kicked off the show after its first season.

And according to conflicting reports, it looks like it's down to two former Disney stars.

Celebuzz.com reports that executive Simon Cowell has been considering Miley Cyrus for the spot, while The Hollywood Reporter insists that Demi Lovato is close to a deal — and even in the "final negotiations" stage of securing the job.

I know this sounds, well, crazy, but if these ladies are to decide who has authentic talent on a national television show, why not find someone who actually writes their own music and isn't auto-tuned within an inch of their life?



Ashton Kutcher. ALL PHOTOS GETTY IMAGES

Kutcher brings in the big bucks

With a new deal reportedly in place, Ashton Kutcher will be returning for another season of Two and a Half Men, according to Deadline.

For next year's run — the popular sitcom's 10th season — Kutcher will reportedly bring in $700,000 per episode, with co-star John Cryer making slightly less than Kutcher and young Angus T. Jones earning $300,000 per episode. Each actor signed a one-year contract, sparking speculation that the 10th season could be the show's last.

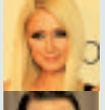
Witherspoon flaunts her bump

While she hasn't yet made an official announcement about her pregnancy, Reese Witherspoon is doing little to hide the obvious.

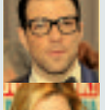
The Oscar-winning actress was spotted out and about in her L.A. neighborhood this week in a thin, clingy purple dress, according to Radar Online. And this past weekend, Witherspoon and husband Jim Toth turned heads at the White House Correspondents' Dinner in Washington, D.C., with her in a tight top that accentuated her growing bump.

Twitter

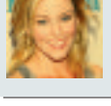
@charliesheen
In my trailer discussing the script w/ Bruce Helford, best showrunner on the planet!



@ParisHilton
Just left @SnoopDogg's studio. Had the best day chilling with his crew. Such good vibes in there.



@ZacharyQuinto
i love "chuffed." i abhor "long in the tooth."



@ElizabethBanks
Ah, Happy Hour. I'm getting swanky with an Old Fashioned

3 LIFE

Style file

No Mother's Day for model

Please, no flowers for Christy Turlington Burns this Mother's Day. No chocolates and no last-minute, convenience-store cards, either.

A handmade craft from her children would be OK, but mostly what she wants is to have a conversation about the important role that mothers — and grandmothers and great-grandmothers, too — play in families and in larger communities all over the world.

"I never was more appreciative of my own mom and all the other moms out there than when I became one myself," said Turlington Burns, a model, businesswoman and documentary filmmaker, whose children are now six and eight years old. Her No Mother's Day Mother's Day is a way to draw attention to maternal mortality, the cause at the heart of the Every Mother Counts advocacy campaign she founded in 2010. It's also a way to get back to the basics and, hopefully, cut through "all the noise" that now comes with a holiday that the National Retail Federation estimates will come with an $18.6 billion price tag in spending by Americans this year.

THE ASSOCIATED PRESS

On the Web

Exotic skins — real and faux — fuel interesting, luxurious style without going over the top.

He's starting with the man in the mirror

Ladies, take a breather. The boys are learning how to shop

Don't be fooled by the old "my girlfriend bought me this" line.

Fashion insiders say men are taking a keen interest in how they dress — and that means developing their own shopping habits. The biggest difference in how they shop for clothes? Probably research — and purpose.

A Saturday at the shopping mall is not a highlight on most men's calendars, says Tyler Thoreson, head of Gilt Groupe's menswear editorial and creative divisions. Even when they're shopping online, they're not surfing many websites or coming back to them day after day, he says, but when they find something they like, they are passionate and potentially more loyal than women.

Call shopping "entertainment" and they're not buying it, but describing it as a "hobby" is something else, he says.

Men can "geek out" when it comes to the construction and even minutia of a garment. "I'm not just talking about a 'fashion guy.' For many men, your wardrobe is part of your program of discernment. They'll learn about it like a car or a wine or a watch," Thoreson says. "Guys can be busting each other's chops in one breath and talking about soft construction on the shoulder of a suit in the next. They love construction, specs. It's about what's under the hood."

Honey, did you pick that out yourself? THE ASSOCIATED PRESS/PARKANDBOND.COM

You now see men dressing for the life they want to lead and image they want to project, agrees Eric Jennings, vice-president and fashion director of menswear for Saks Fifth Avenue. Shopping and, even worse, trying things on are necessary evils to get there.

They go to stores on a mission and like to get it accomplished, he says.

They'll come in knowing exactly what they want and will buy in multiples. But, he adds, the modern customer is buying a broader range of products and sees a value in being knowledgable about them.

Paul Grangaard, CEO of shoe brand Allen Edmonds, says when it comes to fashion, men are hunters and women are gatherers. Different methods, different mentalities, but both can end up with full closets, he says.

"Shopping is not a man's favourite when it's about waiting for women. It's not a leisure activity. Shopping for their own clothing isn't their favourite place, either, but there is a renaissance — it's small but steady — as men are interested in an upgrade," Jennings says. "Coming out of the recession, they know they have to take appearance more seriously. It can be that thing for a new job or a promotion."

And, he adds, if they're dressing well during the week, it's likely to become a habit on weekends.

"Men travel in herds, and when it's OK in your friendship group to care about how you look on the weekends, it spreads pretty quickly," observes Grangaard. "Since the recession of 2008, you're always networking. Men dress better for midweek coffees and lunches and on weekends because you never know who you'll run into where. You always want to look secure, stable and reliable."

It's hard to do that in beat-up jeans and running shoes.

THE ASSOCIATED PRESS

What's trending?

Tyler Thoreson says he looks around midtown Manhattan and quite literally sees a change.

- You see men — creative types and hipsters, not just bankers, he stresses — voluntarily wearing ties
- On Gilt's upscale Park & Bond website, for example, neckwear sales increased 33 per cent in 2011 over the previous year. "They're wearing ties because they want to, not because they have to."
- Other booming items are pocket squares, Converse sneakers, tie clips and rope bracelets.

Speaking of swagger

"Guys can be busting each other's chops in one breath and talking about soft construction on the shoulder of a suit in the next. They love construction, specs. It's about what's under the hood."

Tyler Thoreson. Gilt Groupe

Paul Smith: 'I'm like a cocktail'

Studio visit. The fashion designer has 14 lines, an in-house team of 180 people and a ton of collectibles

KENYA HUNT
Metro World News in London

"I have so much going on all the time it can be hard to follow, but it's also fantastic," says Smith.

ALL PHOTOS TARA DARBY

"I said something really stupid the other day," Sir Paul Smith says as we sit in his London office. "When asked about it, I told someone that I'm not really a collector. But I have large quantities of the same thing. Then I realized, that is actually a collector," he says laughing, making the understatement of the year.

He's standing over an intimidating pile of autographed cycling jerseys given to him by famous racing champions (Smith is a long-time fan of the sport). That pile sits next to leaning towers of art and fashion books, numbering in the hundreds, which are in turn surrounded by walls of bookshelves filled with everything from biographies and novels to toys, cameras, soccer balls and works of photography. Limited edition bicycles and rare works of art round it all out.

"I think you can tell from this office that my head is full of curiosity," he says. "I'm happy to have something that costs 50 pence or something from a famous person. In the same way, all of my collections are different and fun. Paul Smith is like a cocktail of many ingredients that are very intriguing to people," he says, once again playing things down a bit.

His brand is more like a jumbo smoothie — his building houses a total of 180 employees who design 26 collections a year across his 14 lines. Those numbers would make the average person's eyes glaze over.

During our time together, Smith greets every person he comes across by name, with a personal anecdote to boot. But Smith seems to operate best as a multitasker. "It's great for business because there's something for everybody."

Fixes for your flat-screen TV

Decorative interest. If you're not mounting your TV on the wall, here's what to do with that empty space

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Q: We love our apartment's Art Deco decor but the wall space around the television looks too bland. I don't want to hang the television, so what can I do to add some decorative interest? Beatrice Sloane

A: This is a common problem when people choose to sit their flat-screen TV on a credenza rather than mounting it on the wall — they are left with a lot of space above the television and don't know how to treat it.

Benjamin Moore's Wild Mulberry. BENJAMINMOORE.CA

As this is the focal wall in your living area, I suggest treating the walls with something that will add drama and style to the overall room without drawing too much attention to the space above the TV.

Paint the corner pillar a deep colour to allow it to be an architectural element in the room. I suggest Benjamin Moore's Wild Mulberry, a darker, more neutral version of the accent colour that you have in your pillows and rug.

You might want to carry this colour onto another focal wall area like the end of a hallway or in the bedroom. This will help create a constant colour flow throughout the apartment.

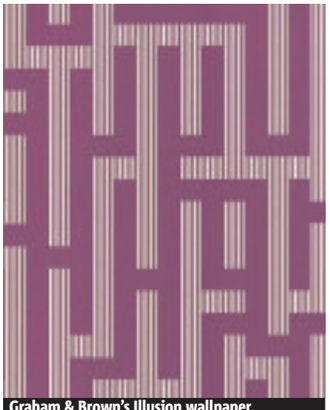
Use wallpaper behind the television to add much-needed pattern and texture to the room. I love the Art Deco feel of Graham & Brown's Illusion wallpaper ($60/roll), which highlights the square edges you have in your furniture. The good thing about wallpaper these days is that it's easily removed (simply peel) when you move out or change your colour scheme.

Hang something sculptural to help fill the empty space above the television, but not an attention-grabber like a large wall clock or painting.

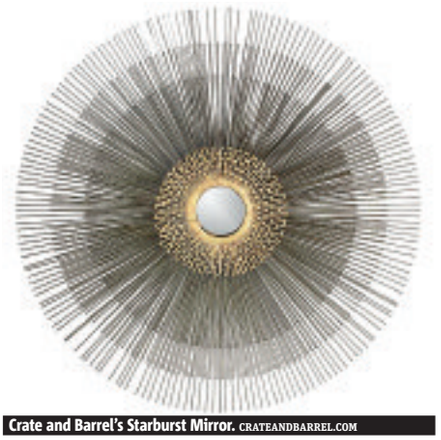
The Starburst mirror from Crate and Barrel ($247) has great Art Deco elements that will add a sculptural quality to the space. Hang it in the centre of the empty wall space, not directly above the television.

GOT A DESIGN DILEMMA? EMAIL YOUR QUESTION AND A PHOTO TO HOME@METRONEWS.CA. FOR DAILY DESIGN ADVICE, FOLLOW @KARLLOHNES ON TWITTER.

This living room needs decorative interest on the empty wall behind the television. HANDOUT



Graham & Brown's Illusion wallpaper. GRAHAMBROWN.CA



Crate and Barrel's Starburst Mirror. CRATEANDBARREL.COM

Give your home a spring refresh

DIY. With spring in the air, now is a perfect time to breathe new life into your home's exterior and interior

Whether you're thinking of selling your home or craving some updates, there's no better time to breathe some new life into it than in the spring. Sweat Equity's Amy Matthews helps homeowners tackle projects themselves and gives tips and techniques on saving money along the way.

We've assembled some of Amy's sound advice for increasing property value while transforming spaces into something you'll be proud to call home.

Painting is an easy way to make any room feel brand new. ISTOCK IMAGES

Sometimes it's the outside that counts

With spring in the air, now is a great time to give the exterior of your house some love and care.

Replacing exterior siding and rejuvenating landscaping is a sure way to increase property value while also making it feel like you're returning to a brand new space.

Using upscale siding has a high return on investment as it will provide proper protection from the elements, which can eliminate the need for maintenance projects down the line.

Try to keep lawn improvements on par with other homes in your neighbourhood, while ensuring that basics such as a full green lawn and groomed shrubbery are checked off your list.

Colourful spring flowers are cheerful to come home to and can highlight a home's best features, such as complementing the colour of a new front door or accenting a walkway or deck.

Interior care

After admiring your home's refreshed exterior, why not continue the new look inside?

Painting is an easy way to make any room feel brand new. Stay away from uniform neutrals and try different colours in the various rooms of your house — maybe even consider an accent wall in your living room or bedroom.

If you're thinking of selling, remember that choosing the right colour can really pay off since it makes a first impression when walking into a space.

Too extreme a colour can turn potential buyers away. It's also best to stay away from wallpaper if you're thinking of selling because it is unlikely that potential buyers will share your taste in patterns and removal can be costly.

Bathroom updates

As long as it's running efficiently, keep bathroom plumbing as is and focus on surface upgrades such as installing modern fixtures on cabinets, showers and sinks — this is a sure way to build some real sweat equity.

Installing a new tile floor will also do wonders to refresh the space. Cost permitting, consider continuing tile up the walls to the ceiling — it not only looks great but is a lot easier to keep clean than paint.

Before installing flooring, consider purchasing an updated vanity and toilet to complete the new look. Focused lighting can create a spa-like sensation, regardless of how small the space.

SWEAT EQUITY AIRS WEEKNIGHTS AT 11 P.M. ET ON DIY NETWORK CANADA.

Leave the meat option in the freezer and go veggie instead

Did you know that a head of cauliflower can be sliced into two thick "steaks" that hold up well on the grill? They can be seasoned as you see fit, and topped with whatever you like. In this recipe, the seasonings are simple, then topped with lightly poached eggs and truffle oil, creating a delicious sauce.

Grilled Cauliflower Steaks with Poached Eggs and Truffle Oil

This recipe serves two. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1 large head cauliflower
- Olive oil
- Salt and ground black pepper
- 1/2 teaspoon garlic powder
- Juice of 1/2 lemon
- 1 tablespoon white or cider vinegar
- 2 eggs
- Truffle oil (or truffle-flavoured olive oil)

1. Heat a grill to medium. Bring a large saucepan of water to a low simmer.

2. Use a paring knife to trim away the leaves and any stem at the base of the cauliflower, but do not cut out the core. Stand the head of cauliflower upright on its base. Use a large bread or other serrated knife to trim away 1/2 inch on either side of the head. Reserve these pieces for another use.

3. Leaving the head standing upright, use the knife to slice the cauliflower in half down the centre to create 2 even halves. Sprinkle both sides of each half with olive oil, then with salt, pepper, a bit of the garlic powder and a little lemon juice.

4. Carefully set the "steaks" on the grill, cover and cook for 8 minutes.

5. Use spatula to carefully flip cauliflower and grill for 8 minutes, or until both sides are lightly browned and tender. Transfer to serving plates, then cover with foil to keep warm.

6. Once the cauliflower is done, add the vinegar to the simmering water.

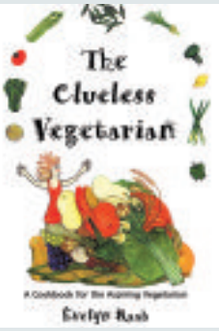
7. Crack 1 egg into a small glass, then gently and slowly pour it into the simmering water by bringing the lip of the glass right down to the surface of the water so the egg slides in. Cook for 4 minutes, then use a slotted spoon to lift out the egg (letting excess water drip away), setting it one of the cauliflower steaks. Repeat with the remaining egg.

8. Season the eggs with salt and pepper, then drizzle with truffle oil. Serve immediately.

THE ASSOCIATED PRESS

Cookbook of the Week

The Clueless Vegetarian



The Clueless Vegetarian by Evelyn Raab is designed for those who love good food, cooked from scratch, but also have to have a life

If you've just switched to a vegetarian diet, the book's straightforward nutritional info will help you in making good food choices. If you've been practicing for a while, you'll discover new recipes and methods.

Among the eats included are: Creamy Carrot Soup, Roasted Tomato Fettucine, Potato Latkas, Spanakopita and more. METRO

Gazpacho Salad. Soup inspires refreshing salad

Ingredients

- 2 cloves garlic, minced
- 45 ml (3 tbsp) extra-virgin olive oil
- 30 ml (2 tbsp) sherry or red wine vinegar
- 2 ml (1/2 tsp) salt
- Pinch each freshly ground black pepper and crumbled dried rosemary
- 3 medium greenhouse tomatoes
- Half a greenhouse cucumber, chopped
- 1 sweet greenhouse yellow pepper, chopped
- 3 green onions, sliced
- 500 ml (2 cups) rustic croutons (2-cm/3/4-inch cubes)

1. In a small bowl, combine garlic, oil, vinegar, salt, pepper and rosemary.

2. Cut tomatoes in half crosswise and gently squeeze out seeds; cut into 2-cm (3/4-inch) pieces. Place in a large bowl; add cucumber, yellow pepper, green onions and croutons.

3. Pour dressing over top; toss well but gently. Let stand for 5 minutes to soften croutons.

THE CANADIAN PRESS/ FOODLAND ONTARIO/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR & TV CELEBRITY CHEF. FOR MORE VISIT, EMILYRICHARDSCOOKS.CA)

Walnuts, eggplant & gooey cheese offer great contrast

This unusual eggplant appetizer will wow guests at your dinner table.

The walnut crumbs are a contrast to the soft, moist eggplant and gooey cheese rounds. Simple to prepare, it's hard to stop at just one serving.

Ingredients

- 125 ml (1/2 cup) Italian bread crumbs
- 125 ml (1/2 cup) Parmesan cheese, grated
- 175 ml (3/4 cup) walnut crumbs
- Salt and pepper, to taste
- 2 eggs, lightly beaten
- 125 ml (1/2 cup) all-purpose flour
- 1 large eggplant
- 125 g (4 oz) fresh mozzarella

Sauce

- 500 ml (2 cups) passata (tomato puree)
- 2 Roma tomatoes, diced
- Handful basil leaves, cut in chiffonade (long, thin strips)
- 1 garlic clove, minced
- 30 ml (2 tbsp) olive oil
- Fresh basil, for garnish

1. Heat oven to 200 C (400 F).

2. In a medium bowl, combine bread crumbs, Parmesan and walnuts and season with salt and pepper.

3. Place eggs in another bowl and season with salt and pepper. Repeat for flour.

4. Slice eggplant crosswise into 8 to 10 1-cm (1/2-inch) thick rounds. Dip each slice into flour, followed by egg and last into walnut mixture. Press firmly to achieve an even breading.

5. Lay eggplant slices onto a parchment-lined baking sheet and bake on the centre oven rack for 15 minutes.

6. Sauce: In a medium saucepan, place passata, tomatoes, basil leaves, garlic and olive oil and gently simmer over low heat.

7. Spoon desired amount of sauce over each eggplant slice and top with fresh mozzarella.

8. Return eggplant to oven for 5 to 7 minutes until mozzarella has melted.

THE CANADIAN PRESS/ CALIFORNIA WALNUTS, WALNUTINFO.COM/ ADAPTED BY EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA

This recipe serves four to five. THE CANADIAN PRESS H/O

Sports in pictures

1 Soccer. Muamba returns to Bolton

Fabrice Muamba made an emotional return to Bolton Wednesday, waving to supporters from the field less than seven weeks after his on-field cardiac arrest. The midfielder was introduced to a standing ovation ahead of Bolton's match against Tottenham. THE ASSOCIATED PRESS

2 NHL. Habs find their man

The Montreal Canadiens believe they have found the man who can lead them back up the standings, saying new GM Marc Bergevin is the total package.

The club introduced the Chicago assistant GM and former NHL defenceman as its new general manager Wednesday, just over a month after firing Pierre Gauthier. THE CANADIAN PRESS

3 NBA. Award for Chandler

Tyson Chandler, the catalyst for the New York Knicks' defensive improvement, was voted the NBA's Defensive Player of the Year on Wednesday. THE ASSOCIATED PRESS

Devils put Pitchfork in Flyers' playoff plans

NHL. Philadelphia not so dominant vs. hard-working New Jersey

David Clarkson is congratulated by Zach Parise after crashing the net to score Tuesday night's game-winning goal.
TOM MIHALEK/THE ASSOCIATED PRESS FILE

After Philadelphia rolled over Pittsburgh in Round 1 of the playoffs, there was a perception the Flyers would be the team to beat in the Eastern Conference.

Deep. Driven. Determined. You name it.

Getting by New Jersey in the second round seemingly was a given, especially after the No. 6 seed Devils needed seven games to knock off Florida.

Well, it's time to revise that perception. Because, with Game 3 on tap Thursday in New Jersey, this series is tied, 1-1.

The Devils not only showed they could play with the Flyers in splitting the first two games in Philadelphia; they could easily be leading 2-0 in the series. They lost Game 1 4-3 in overtime and dominated in a 4-1, Game 2 win Tuesday without leading scorer Ilya Kovalchuk.

"I think there is a pressure with being a favourite in a series," Devils coach Peter DeBoer said Wednesday. "We felt that in the Florida series, and I don't think there is any doubt that it is on Philadelphia. That is something that isn't easy to deal with, when you are supposed to win and, not only win, but win convincingly."

The Devils clearly outworked the Flyers in Game 2. They outshot Philadelphia 35-20 and only Ilya Bryzgalov's stellar goaltending allowed the home team to hold a 1-0 lead after two periods.

But New Jersey blew the game open with four consecutive goals in the third. In doing so, the Devils took home-ice advantage — and confidence —back to New Jersey.

A veteran of three Stanley Cup championship teams, Devils goaltender Martin Brodeur said not to make too much of the changing perceptions. That's playoff hockey, after all. And it's best to ignore it.

"You can't get overwhelmed by one win," the 39-year-old Brodeur said after the Devils held a team meeting. "People always look at that. That's (why) the mood swings are important. You have to be levelled off about them. You feel so good about yourself that sometimes you slack off a bit. We can't get caught up. We played well, but we expect the Flyers to come a lot harder tomorrow and do what they do."

Quoted

"It is all about the will and desperation. We have to get that back."

Danny Briere, Flyers forward

Philadelphia has to pick up its skating and work on its power play, which failed to produce in five attempts in Game 2 and is 1-for-11 in the series. Flyers centre Danny Briere said the Devils also were the more inspired team playing without Kovalchuk. THE ASSOCIATED PRESS

NFL. Former linebacker Seau found dead at home

Former NFL star Junior Seau was found shot to death at his home Wednesday morning in what police said appeared to be a suicide. He was 43.

Police Chief Frank McCoy said Seau's girlfriend reported finding him unconscious with a gunshot wound to the chest and lifesaving efforts were unsuccessful.

A gun was found near him, McCoy said. Police said no suicide note was found and they didn't immediately know who the gun was registered to.

Junior Seau
CHARLES KRUPA/THE ASSOCIATED PRESS FILE

Seau's mother appeared before reporters, weeping uncontrollably.

"I don't understand ... I'm shocked," Luisa Seau cried out. THE ASSOCIATED PRESS

MLB. 'I could have' misunderstood Clemens, Pettitte tells defence

With two short answers, Andy Pettitte called into question the validity of his testimony against Roger Clemens, part of a discouraging day for prosecutors in the retrial of the seven-time Cy Young Award winner.

After stumbling its way to a mistrial of Clemens last year, the government is struggling again in the retrial — to the point that the crux of Pettitte's testimony might be tossed out. First, the exasperated judge criticized the questioning of Pettitte on Wednesday, then he ruled against prosecutors in another matter. Finally he cried out: "You're taking positions that are totally absurd to me."

During cross-examination, Clemens' lawyers asked if Pettitte might have misunderstood when Clemens supposedly acknowledged using human growth hormone to Pettitte in a conversation during the 1999-2000 off-season?

"I could have," Pettitte answered. THE ASSOCIATED PRESS

4 SPORTS

Quoted

"I felt like I played well and a lot of things are coming together and I feel like I'm progressing in a very good manner."

Canadian tennis player Milos Raonic who has jumped up two places in this week's ATP world rankings to a career-best No. 23 after a semifinal showing on the red clay at the Barcelona Open. The hard-serving 21-year-old from Thornhill, Ont., upset world No. 4 Andy Murray 6-4, 7-6 (3) in the quarter-finals before falling 7-6 (2), 7-6 (5) to No. 6 David Ferrer in the semis on Saturday. The six-foot-five Raonic, who has now beaten six top-10 players in his career, plans on playing only big tournaments this summer, including the Grand Slams and the Summer Olympics.

NHL playoffs

Capitals look to take advantage in D.C.

The Washington Capitals looked to turn momentum from a series-tying win in New York on Monday into a 2-1 lead in their best-of-seven with the Rangers on Wednesday night. For game results, go to metronews.ca/sports.

On the web

Last year, the Dallas Mavericks topped the Oklahoma City Thunder en route to their first-ever NBA championship. In the playoff rematch a year later, the young Thunder appear to have learned from that defeat and are well on their way to sending the Mavs to an early exit. Scan the code for the story.

CFL Players' Association

Mike Morreale during his time with the Hamilton Tiger-Cats. TORSTAR NEWS SERVICE FILE

Ex-CFLer takes on 'opportunity of a lifetime'

The CFL Players' Association has a new president.

Mike Morreale was elected to the post Wednesday at the union's annual general meeting in Barbados. He succeeds Stu Laird, who had served as president since 2001.

Morreale spent 12 seasons as a CFL slotback with Toronto and Hamilton and during that time served as a player rep. He was the league's top Canadian in 1998 with the Ticats and the following year was the outstanding Canadian in the Grey Cup game, again with Hamilton.

Morreale takes over as union president after serving as its director of marketing.

"I am very proud to have been given the honour and privilege of being elected president of the CFLPA," Morreale said in a statement. "This is the opportunity of a lifetime and I'm looking forward to the new and exciting challenges that come with it."

Laird has been asked to remain on the CFLPA's executive committee as a past president, something the union says he is considering.

THE CANADIAN PRESS

Heenan embracing first taste of CFL spotlight

CFL. Huskies offensive lineman would have 'no problem' starting his CFL career in Saskatchewan

Ben Heenan stretches while with the Saskatchewan Huskies in May 2010. DAVE CHIDLEY/THE CANADIAN PRESS FILE

The months of uncertainty and anxiousness are almost over for Ben Heenan.

The spotlight has been fixed on the Saskatchewan Huskies offensive lineman since he opened the 2012 season as the CFL draft's top-ranked prospect. Although he has dipped to No. 2 in the rankings, the six-foot-four, 310-pound Heenan remains the favourite to go first overall in Thursday's draft.

"It has been very, very busy for me and my family and the media has kept me on my toes," Heenan said Wednesday. "For the most part I'm just trying to enjoy it and soak it all in.

"I just want to go to a place that wants me and whatever team drafts me will want me. It will be interesting to see how things unfold."

The Saskatchewan Roughriders hold the No. 1 pick and many of their fans have made it clear they want the club to select Heenan, a native of Grand Coulee, Sask. Trouble is, the offensive line isn't a top priority for the Riders after signing free agents Dom Picard and Brendon Labatte and re-signing veteran Chris Best this off-season.

That allowed Roughriders' GM Brendan Taman to entertain offers for the No. 1 pick. But as of Wednesday no club had met his price of a 2012 first-round pick, a future selection and/or a Canadian-born player. So unless Taman receives a last-minute offer, he'll be calling Heenan first overall, which would suit Heenan just fine.

Quoted

"It has been very, very encouraging to hear about fans lobbying for me to an extent ... That's obviously incredible and not a lot of places get that. To have the fans behind me is a great feeling."

Ben Heenan on Roughriders desire to see him go No. 1

"I'd have no problem staying here to play football," he said.

Heenan certainly isn't the only top draft prospect available but is one of the few who'd be able to report to Saskatchewan immediately. That's important considering the Riders only currently have 24 Canadians on their roster.

Four of the top six players on the final scouting bureau rankings list have either been drafted by NFL teams or offered tryouts, with Heenan and Laval linebacker Frederic Plesius (No. 5) being the exceptions.

"I don't think we can wait for a guy we may see in a year," Taman said. "I think you need a guy who's going to be in camp and around your team for the next two, three years."

Draft day

The Hamilton Tiger-Cats have the No. 3 selection, followed by the B.C. Lions, Calgary Stampeders and Edmonton again before the defending Grey Cup-champion Lions round out the first round.

And with Taman having already said he wouldn't take Plesius first overall, all signs point to Heenan being his man.

Edmonton Eskimos GM Eric Tillman, who tried dealing with Taman for the top pick, has two first-round selections (second and sixth, overall) and much pre-draft talk had him taking Laurier receiver Shamawd Chambers at No. 2. But with Chambers heading to the Philadelphia Eagles' minicamp next week, there's talk Tillman will take the six-foot-one, 245-pound Plesius, who began his college career at Baylor before transferring to Laval, second overall.

The other top prospects heading to NFL camps include top-ranked Boise State defensive lineman Tyrone Crawford (Dallas Cowboys draftee), No. 4 Austin Plasztor, an offensive lineman from Virginia (Minnesota Vikings free agent) and No. 6 Christo Bilukidi, a defensive lineman from Georgia State (Oakland Raiders draft pick). THE CANADIAN PRESS

NFL. Gavel drops on Saints players for bounty scheme

Jonathan Vilma. STACY REVERE/GETTY IMAGES

New Orleans Saints linebacker Jonathan Vilma was suspended without pay for the entire 2012 season by the NFL, one of four players punished Wednesday for participating in the team's cash-for-hits bounty system.

Defensive lineman Anthony Hargrove, now with Green Bay, was suspended for the first half of the 16-game season; Saints defensive end Will Smith was barred four games; and linebacker Scott Fujita, now with Cleveland, will miss three games. All were suspended without pay.

The four players have three days to appeal NFL Commissioner Roger Goodell's ruling. NFL Players Association head DeMaurice Smith said the union would fight the penalties. Fujita is a member of the NFLPA's executive committee.

The NFL's statement said Vilma, Hargrove, Smith and Fujita were suspended due to "conduct detrimental to the NFL as a result of their leadership roles" with the bounties.

Originally, the league said that 22 to 27 defensive players were involved in the illegal scheme, which was orchestrated by then-Saints Gregg Williams.

THE ASSOCIATED PRESS

Saints in purgatory

An NFL investigation determined that the Saints ran a bounty system from 2009-11 that offered thousands of dollars for big hits that knocked opponents out of games.

- In March, Goodell suspended Saints coach Sean Payton for all of next season and levied other penalties against the club.

Regina Rams

Hicks no shoe-in to crack Saints: Agent

At first glance, the suspension of Will Smith would appear to benefit Akiem Hicks, a Regina Rams defensive lineman who was the Saints' first draft pick, going in the third round, 89th overall, Friday. One less defensive lineman in camp could mean more reps for Hicks, who transferred to Regina after becoming involved in a recruiting scandal at LSU and missing the entire 2009 season.

But Frank Murtha, Hicks' agent, said New Orleans didn't take the six-foot-five, 318-pound Hicks just as insurance against potential NFL discipline. He added the Saints will undoubtedly bring another defensive lineman to camp, meaning the onus will remain on Hicks to prove himself worthy of a roster spot.

"The NFL and athletics are competition and Akiem is going to have to go out there and earn a spot, regardless of who is there and at some point those folks (Smith and Vilma) will be coming back," he said. "Does it increase the possible number of reps that he'll get in practice? I'm sure ... but Akiem is still going to have to stand on his own two feet and perform."

THE CANADIAN PRESS

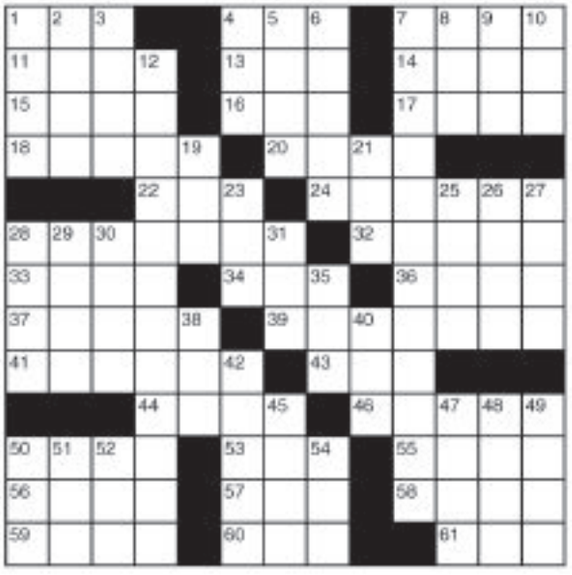
Crossword

Across

1 Kettle and Bell
4 Tummy muscles
7 Connect
11 "Yeah, right"
13 Famed vaudeville family name
14 "Do — others ..."
15 Burn somewhat
16 Can material
17 Birds' home
18 Necklace carving
20 Earring site
22 Chips accessory
24 Sweet tasting
28 Red
32 A portrayer of 007
33 California town
34 Manhandle
36 Gear teeth
37 Play out
39 Vegas winnings
41 Skin-related
43 Homer's interjection
44 Culture medium
46 Refuge
50 State with conviction
53 Gratuity
55 Start over
56 Platter
57 Bookkeeper (Abbr.)
58 Adolescent
59 "You do the —"
60 Do some tailoring
61 Tatter

Down

1 Not fem.
2 On the briny
3 Thailand, once
4 Sternward
5 Seethe
6 Religious council
7 "Lassie" actress
8 Indivisible
9 With 10-Down, "— Unusual"
10 See 9-Down
12 "Dr. Jekyll and Mr. Hyde" Oscar winner
19 Tin Man's need
21 Vagrant
23 Energy
25 Hen pen
26 Therefore
27 Examination
28 Coaster
29 Traffic pylon
30 Hebrew month
31 — Mahal
35 Bankroll
38 Playground game
40 Dove's comment
42 Gate fastener
45 Mature
47 Prognosticator
48 Notion
49 Composer's creation
50 Navy bigwig (Abbr.)
51 By way of
52 Superlative ending
54 Singer Tillis



Sudoku

1		4		2	5			9
	6		4					2
	2		6				4	
2							9	
		9	5		2	4		
	3							1
	7				9		2	
5					1		7	
8			7	3		6		

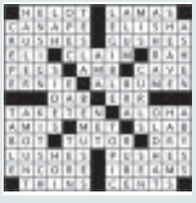
How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

5	9	1	4	8	6	2	3	7
7	2	8	5	1	3	6	4	9
3	6	4	7	9	2	5	8	1
9	1	3	2	5	7	8	6	4
6	4	7	1	3	8	9	2	5
8	5	2	9	6	4	1	7	3
2	3	9	8	4	5	7	1	6
1	7	6	3	2	9	4	5	8
4	8	5	6	7	1	3	9	2

Yesterday's Crossword



Cryptoquip

How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

NZ MEBUOEYL YUHEXKHUY URTWEMNSUM OL LEA, N URTUIH HGKH BNFGH GKSU K OWKMHNXF UZZUIH EX LEA.

Saturday's Cryptoquip: IF A PERSON IS WAY TOO FOND OF FRIGATES AND DESTROYERS, SOME MIGHT SAY IT'S WARSHIP WORSHIP.

Today's Cryptoquip Clue: L equals Y

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today 15°/6° Variable
Friday 15°/4° Showers 80%
Your #1 weather forecast now available in HD.
Check your local listings for details.
HD
TWN incorporates MSC data

Horoscope

Aries | March 21 - April 20. You would be wise to keep your money in your pocket today. Whatever gains you have made in recent weeks, you could lose.

Taurus | April 21 - May 21. Your persuasive powers are such that anyone will believe what you tell them. Should you take advantage of that fact financially? Of course.

Gemini | May 22 - June 20. Plans you made a long time ago are beginning to bear fruit, so keep your nerve and keep things moving.

Cancer | June 21 - July 22. Go out of your way to talk with people you don't usually get along with. It pays to be friendly.

Leo | July 23 - Aug. 22. Try to be a more ambitious and more assertive. Let important people know you're ready to move up.

Virgo | Aug. 23 - Sept. 22. Anyone who tries to scare you into doing something you don't want to do will fail abysmally.

Libra | Sept. 23 - Oct. 22. You may be tempted to bet against the odds today but before you gamble with your future, ask yourself whether you can afford to lose.

Scorpio | Oct. 23 - Nov. 21. Don't keep your feelings to yourself today. Show emotions. People will respond to you better if they can see that you are vulnerable.

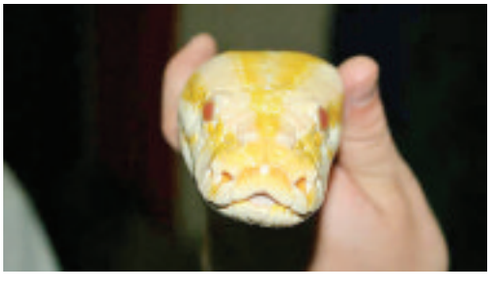
Sagittarius | Nov. 22 - Dec. 21. According to the planets, you need to streamline your daily routine so you have more time to yourself.

Capricorn | Dec. 22 - Jan 20. Don't waste time lamenting your run of bad fortune because it is already beginning to end.

Aquarius | Jan. 21 - Feb 18. When pushed to extremes, you can mix it with the best of them and today you must not allow yourself to be defamed by someone.

Pisces | Feb. 19 - March 20. You may be a nice guy but every now and then you go right the other way and reveal your ruthless streak.

SALLY BROMPTON



Caption Contest

"Got mouse?"
George
ROB GRIFFITH/ THE ASSOCIATED PRESS

Win!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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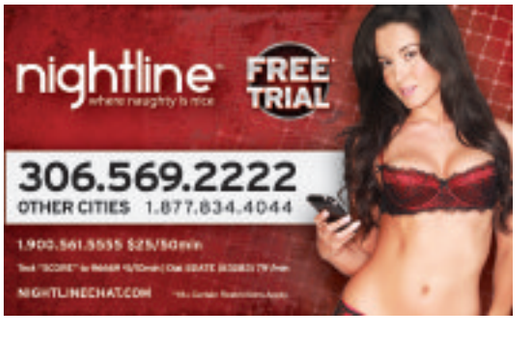

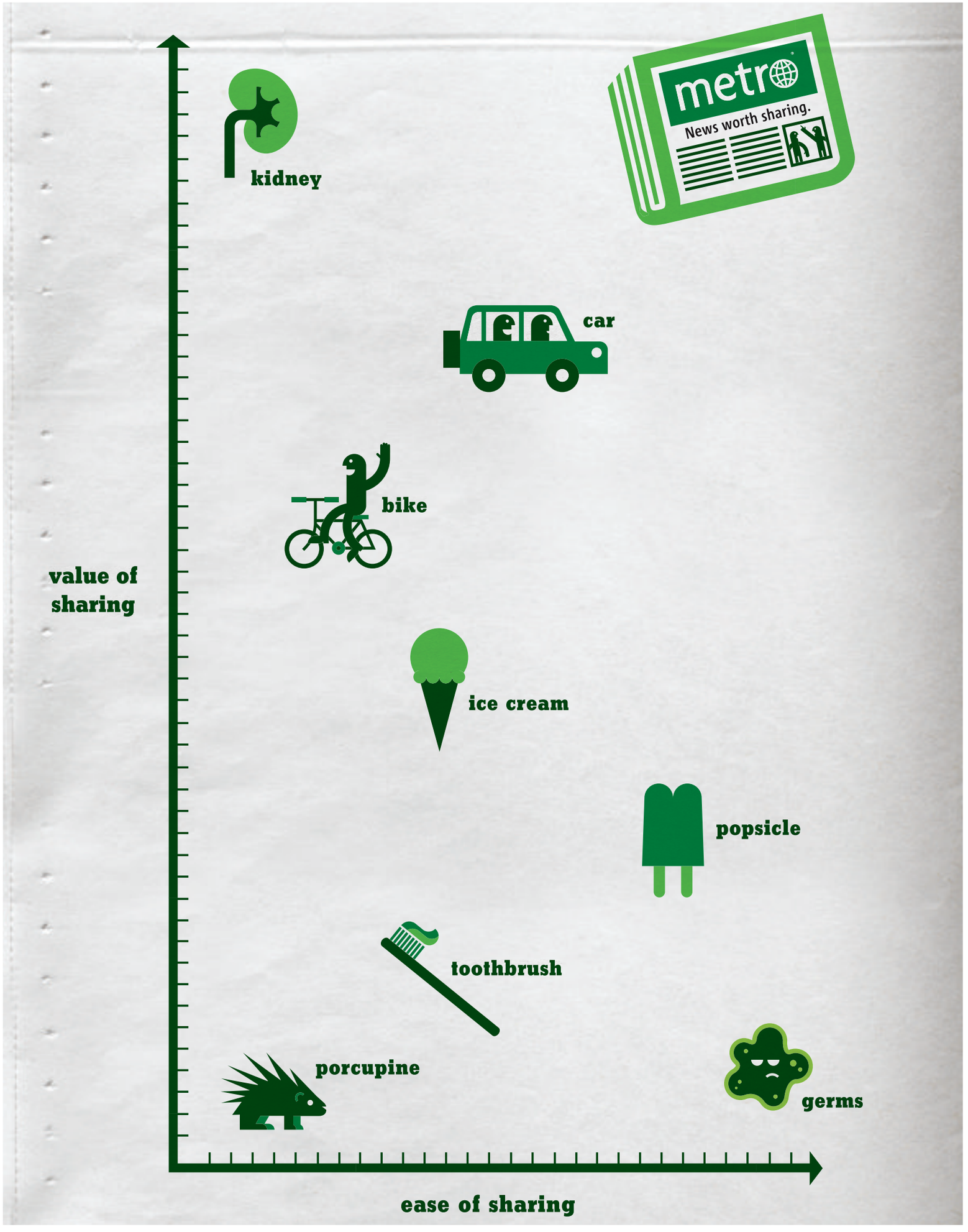
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car
bike
ice cream
popsicle
toothbrush
porcupine
germs
value of sharing
ease of sharing